



Giggles and More Ltd

8 Deer Park, Fairways Business Park, Livingston, EH54 8GA

Infection Control / Hygiene Policy

It is vitally important to prevent the spread of germs and illnesses. We use the following procedures and ensure that they are strictly adhered to.

- Children must wash their hands after going to the toilet, playing outside or touching animals. They must also wash their hands before eating any meals or snacks.
- We help children to wash and dry their hands correctly and regularly talk to them about why it is important to prevent the spread of germs and infection.
- Parents are reminded to ensure hand wash soap and hand towels are available in the home to encourage children learn the habit of handwashing.
- We will help children to wipe and blow their noses when they have colds and teach them the importance of throwing away dirty tissues to prevent the spread of germs. We will also encourage them to cover their mouths when they cough.
- We use designated area to change nappies which is away from play areas. As well as for hygiene purposes, this also respects the privacy of the child being changed. We use disposable gloves and disposable aprons when changing nappies. We disinfect my changing mat after each using antibacterial spray (e.g. Dettol) where provided and disposable paper towels. Nappies are double wrapped and disposed of in the bin outdoors. Please refer to my **Nappy Changing and Toilet Training Policy** for further information.
- Potties are emptied immediately after use down the toilet. Potties and trainer seats are thoroughly cleaned after each use with antibacterial spray and disposable paper towels.
- We encourage families to follow strict hygiene routines in the kitchen, ensuring fridge is at the correct temperature and that food is stored correctly in it. We follow guidance from Health Protection Scotland, the Care Inspectorate, and the Health and Social Care Standards to maintain a safe, clean, and healthy environment for every child in our care. More Information can be found on their websites.
- We provide a monthly cleaning schedule to ensure equipment and toys are cleaned and maintained regularly. Antibacterial wipes or antibacterial spray and disposable paper towels are used to clean equipment and toys.
- We provide all parents with information regarding our procedures on hygiene, infection control, illness and food safety.

For us to carry out these procedures effectively we will need you to provide us with enough resources, for example nappies, labelled cream and spare clothes. We also request that parents let us know if their child is feeling or has been unwell.

If you have any concerns regarding our infection control procedures, please do not hesitate to discuss them with us.

Scotland's Health & Social Care Standards**Infection Control / Hygiene Policy****Wellbeing**

5.18 - My environment is relaxed, welcoming, peaceful and free from avoidable and intrusive noise and smells.

5.19 - My environment has plenty of natural light and fresh air, and the lighting, ventilation and heating can be adjusted to meet my needs and wishes.

5.22 - I experience an environment that is well looked after with clean, tidy and well maintained premises, furnishings and equipment.