



## Giggles and More Ltd

Breakfast and Afterschool Club

Dechmont Memorial Hall, Main Street, Dechmont, EH52 6LJ

## Infection Control / Hygiene Policy

At **Giggles and More Ltd**, we are committed to maintaining high standards of hygiene and infection control to protect the health and wellbeing of the children, staff, and families in our Breakfast and Afterschool Club. We follow procedures based on guidance from [Public Health Scotland](#) and the **Health Protection in Children and Young People Settings** document, alongside Scotland's **Health & Social Care Standards**.

### Hand Hygiene

Children and staff are encouraged to wash their hands regularly and thoroughly throughout the day—especially after using the toilet, playing outdoors, handling animals, and before eating. Staff support and guide children to use the correct handwashing technique, and facilities such as soap, warm water, and disposable towels are always available.

### Respiratory Hygiene

Good respiratory hygiene is promoted at all times. Children are taught to cover their mouth and nose with a tissue or their elbow when coughing or sneezing, and to dispose of tissues in the bin straight away. Handwashing is encouraged immediately afterwards, and staff regularly remind children about these habits.

### Illness and Exclusion

If a child becomes unwell while at the club, we contact parents or carers immediately. The child will be cared for separately from the group where possible until they are collected. Parents are asked not to send their child to the club if they are unwell, and to follow the latest [Public Health Scotland](#) exclusion guidance for specific illnesses. In the event of an outbreak of a contagious illness, we will notify the appropriate public health authorities as required.

### Cleaning and Disinfection

We follow a regular cleaning schedule that includes daily cleaning of toys, equipment, surfaces, and frequently touched areas such as door handles. Disinfectant and antibacterial products are used appropriately, and staff

are trained in safe cleaning procedures, including the use of personal protective equipment (PPE) when necessary—for example, when dealing with bodily fluids.

## Food Safety and Hygiene

All food safety procedures are followed in line with **Food Standards Scotland** guidance. We ensure that food is stored at the correct temperature, prepared hygienically, and served in a clean environment. Staff who handle or serve food receive regular food hygiene training, and children are always supervised during meals and snack times to ensure their safety and wellbeing.

## Working with Parents

We ask parents and carers to keep us informed if their child has been unwell and to share any information that helps us support the health and hygiene needs of the child. We believe open communication helps us maintain a clean, healthy environment for everyone at the club.

### Scotland's Health & Social Care Standards

### Infection Control / Hygiene Policy

#### Wellbeing

- 5.18 - My environment is relaxed, welcoming, peaceful and free from avoidable and intrusive noise and smells.
- 5.19 - My environment has plenty of natural light and fresh air, and the lighting, ventilation and heating can be adjusted to meet my needs and wishes.
- 5.22 - I experience an environment that is well looked after with clean, tidy and well maintained premises, furnishings and equipment.